

HOLISTIC THERAPY FOR CRONIC PAINS

Mr. Erol Sahin, based in Urgup/ Nevsehir in Cappodocia, Turkey ; is a Chiropractor and Holistic Therapist in Cappodocia, has Diplomas from UK Exeter College in several fields of prevalent and effective Holistic Therapy and Chiropractic Care Treatments, which he practised in the USA , UK and Europe

- Indian Head Massage
- Sports Massage
- Reflexology
- Alternative Treatments for Cronic Pains

Mr. Erol Sahin is skilled and knowledged with a full range of techniques and sequences which he offers his patients from all over the world a deeply relaxing and rejuvenating treatment.

Erol Sahin says he looks at treating the cause of a problem rather than just treating the symptoms. As a Chiropractor health care professional,he focuses on the diagnosis and treatment of neuromuscular disorders, that affect your bones, muscles and joints with an emphasis on treatment through manual adjustment and/or manipulation of the spine.

Holistic health Therapy combines five aspects, including physical, emotional, social, spiritual, and intellectual. When combined, these five areas; enable a person to live their life to its happiest and fullest. Holistic Therapy takes the body as a whole.

Are you having difficulty in movement and function to your whole or some parts of the body after you have been affected by illness or injury?

As a Chiropractor, Mr Erol Sahin has a specialist interest in neck and back pain. Like osteopaths, he also looks at your body as a whole, how problems with your bones, muscles and joints affect your nervous system and general health. Although he focuses on the manipulation of the spine – he uses other techniques too.

Only organically sourced plants are used for treatments

Mr. Erol Sahin, in his spare times he is out and about spending a lot of time and effort to source perfectly organic grown plants, away from any possible pollution. And once plants have been collected, making sure that they are extracted correctly to get essential oils from plants such as Perforate St John's-wort , Olive Oil , Lavender , Magnolia , Aloe vera.

Most Conditions are Treated

Most conditions are diagnosed and treated successfully, such as the aches and pain in your body, the pain felt in muscles, nerves and tendons or pains that are called occupational overuse injury and overuse syndrome. You don't have to have them.

Lower back pain

Leg pain (sciatica)

Neck Pain

Repetitive strains

Headaches

Treatments are Affordable

Given the fact of availability and the high quality of the therapy treatments, Comparison to the UK and Europe Prices are relatively affordable. Depending on the therapy, charges are between £25 to £110 per session.

If needed, Serviced BnB Guest Accommodation is provided in Bed and Breakfast bases for an additional charge of £60 per night per double room, with in the same building as his Therapy Room, in the heart of Cappadocia, central to all amenities yet in a quite lovely safe and secure neighbourhood. During , before or after the Treatment, guest can enjoy many activities organized by the Local Travel Agents. Mr Erol Sahin will be more than happy to help you with that.

If required, Mr Erol Sahin also visits his patients in their Home Country at their own leisure, for a minimum of five sessions subject to agreeing on Travel expenses.

Offer for 5 days stay, for per day;

£150

Chiropractor

in Cappadocia



- Accommodation
- Massage Therapy
- Reflexology
- Spine and Neck

CONTACT DETAILS OF MR EROL SAHIN

Please do not hesitate get in touch if you have any query, by using his contact details below

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